SECOND REGULAR SESSION

House Concurrent Resolution No. 42

93RD GENERAL ASSEMBLY

5625L.02I

Whereas, student discipline problems are frequently cited as a major reason for
teachers leaving the profession, and the feeling of being inadequately prepared for handling a
range of student behaviors is often reported by beginning teachers. A 2002 report by the
Missouri State Auditor's Office indicates that 15% of Missouri teachers leave the profession
after their first year of teaching. Only 29% of individuals in Missouri with a valid Missouri
teaching certificate currently work in Missouri's public schools and 28% of Missouri certified
teachers never enter the classroom; and

Whereas, the reported incidence in Missouri schools of violent acts from the Missouri Department of Elementary and Secondary education has risen from 2,211 to 3,736 between 2002 and 2005. The rate of removal from school for up to ten days has risen from 11,862 to 12,791, and removal for more than ten days has risen from 2,842 to 4,274; and

Whereas, acts of violence are frequently associated with emotional disturbances;

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 Whereas, the Missouri Department of Mental Health reports that in the 2004-2005 school year, 99,827 preK-12 students suffered from significant emotional disturbance that dramatically impaired daily functioning, and 48,000 adolescents seriously considered suicide, 20,500 self-reported their intentions to attempt suicide, and 45 completed suicide, and despite these alarming figures, only about 8,000 children were provided with special education services in the ED (emotionally disturbed) category in the 2004-2005 school year; and

Whereas, the December 2004 report "Reforming Children's Mental Health Services in Missouri," published by the Department of Mental Health, recognizes schools as an integral part of a cross-agency mental health delivery system. The President's New Freedom Commission (2003) emphasized not only that schools offer unparalleled access as points of engagement with children and youth, but also that schools must address students' interrelated

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academic and mental health needs, leading the Commission to make an explicit recommendation
(4.2) to "expand and improve school mental health programs"; and

Whereas, the University of Missouri-Columbia's Center for the Advancement of Mental Health Practices in Schools recently reported (July 2005) on the efficiency and effectiveness of anti-bullying programs, noting that the ability to understand social problems, recognize emotions, and maintain self-control is an important element in decreasing disruptive behavior. When done well, school mental health practices can reduce the stigma of help seeking, promote generalization and maintenance of treatment gains, enhance capacity for prevention and mental health promotion, and offer more natural, ecologically grounded approaches. Effective school mental health practices also are associated with strong satisfaction by diverse stakeholders, improvement in student emotional and behavioral functioning, and improvements in school outcomes. Effective school mental health practices offer potential to substantially address the mandates of the reauthorized Elementary and Secondary Education Act (No Child Left Behind) and the recently reauthorized Individuals with Disabilities Education and Improvement Act (IDEIA):

Now, therefore, be it resolved that the members of the House of Representatives of the Ninety-third General Assembly, Second Regular Session, the Senate concurring therein, hereby strongly urge and encourage:

- (1) Beginning with the 2007-2008 school year, the University of Missouri-Columbia to undertake a teacher-training curriculum that contains mental health and social and emotional learning competencies distributed throughout required education courses. Preservice teachers should be able to demonstrate knowledge, understanding, and skills in:
- (a) School mental health policy, law, and ethics; for example, understanding the complexity of integrating mental health services with educational mandates, including policies regarding confidentiality, guardian consent, etc.;
- (b) Mental health assessment; for example, understanding the importance of considering nonacademic barriers such as mental health problems, life stressors, and prior learning, as they relate to learning needs and outcomes;
- 60 (c) Evidence-based mental health promotion strategies and learning supports, such as 61 skills for proactive classroom management and strategies for supporting student transitions at 62 all levels;

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(d) Communication and collaboration skills for mental health and emotional/social learning; such as developing skills to problem-solve effectively with families to promote social emotional health and academic success;

- (e) A systems approach, more specifically viewing the school as an organization within a community and collaborating with professional outside of the school environment for the betterment of students; and
- (f) Teacher self-care; for example, understanding factors that lead to personal and workplace stress that may interact with teaching performance and how to cope with such stress; and

(2) By the beginning of the 2008-2009 school year, the department of elementary and secondary education and the department of higher education, with the cooperation of the University of Missouri-Columbia and such other institutions of higher education as mutually agreed upon, to develop a method of propagating the mental health/social and emotional learning curriculum to teacher development programs throughout the state; and

(3) By the beginning of the 2009-2010 school year, practicing public school teachers to include strategies in their individual professional development plan for meeting the above-described competencies and applying them in the classroom. Examples include providing strategies for implementing proactive classroom management and skills to identify risk factors and practices leading to the least restrictive placements for students with social-emotional concerns or disorders; and

(4) Beginning with the fifth cycle of the Missouri School Improvement Program, each school district to include a mental health promotion plan in its documentation for accreditation review; and

(5) Beginning in January 2008, a semi-annual report of progress to be delivered to the Children's Services Commission; and

Be it further resolved that the Chief Clerk of the Missouri House of Representatives be instructed to prepare properly inscribed copies of this resolution for the University of Missouri-Columbia, the Department of Elementary and Secondary Education, the Department of Higher education, each school district in Missouri, and the Children's Services Commission.